



SINHGAD TECHNICAL EDUCATION SOCIETY'S

SMT. KASHIBAI NAVALE MEDICAL COLLEGE

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DEPARTMENT OF COMMUNITY MEDICINE

MENTORSHIP COMMITTEE

In 2007, the Mentorship Committee was constituted in Smt. Kashibai Navale Medical College & General Hospital.

SKNMC&GH has been training Medical Graduate Students from 2007. The Mentorship of the students is an important facet of comprehensive medical education and will be vital in shaping the medical professional of the future.

The designated mentor will thus serve as a guardian, friend, guide & philosopher for the group of allotted mentees.

Constitution:

Chairperson: Dr. Shalini Sardesai, Dean, SKNMC.

Member Secretary : Dr. (COL) P.S. Chawla, Prof. &HOD, Community Medicine Department

Member Coordinator : Dr. Sanjana Nemade, Professor, Dept. of ENT

Member : Dr. Archana Shekokar, Prof. &HOD Dept. of Anatomy

Member : Dr. Uma Bhosale, Prof. &HOD Dept. of Pharmacology

Member : Dr. Bahar Kulkarni, Professor, Dept. of Surgery

Member : Dr. Maya Borle, Professor, Dept. of Paediatrics

Member : Dr. Kishorkumar Hol, Associate Professor, Dept. of Obstetrics & Gynecology

Member : Dr. Vrushali Wagh, Associate Professor, Dept. of Medicine

Functions:

The Mentorship Committee is responsible for selection of Mentors as well as providing guidelines on the role of mentors. The data base of Mentors will be maintained by Dy. Dean in the Academic Section and the allotment of Mentees to Mentors will be co-ordinated by them. The Committee will look after Mentor – Mentee interaction and these interactions can be conducted at a venue and time decided by each mentor as per his / her convenience. Mentorship records are to be maintained by each mentor and HOD's will ensure that all mentors should carry out their task with dedicated time and should take their feedback. The mentees will get assistance by the mentors for academic needs, psychological support or advice with personal exigencies. The mentors should be able to motivate the mentees to be involved in professional or academic activities for the benefits of the mentees. It is accepted that this altruistic venture with robust administrative support will help guide the young ignited minds in their eternal quest for academic excellence.

Role of Mentor:

1. Mentor should function as a role model for the mentees and the student body in general.
 - i. He/she should lead by example and be successful professionally
 - ii. Mentors should value integrity and teach their mentees on the importance of integrity
2. Mentor should provide necessary guidance and support for the overall development of the mentee.
3. Mentorship is a personal commitment and should be voluntary. Complete involvement of the mentor and his subsequent motivation of a student is the basis of successful mentorship.
4. There are no fixed rules for procedures for Mentors. Only broad based guidelines and advice of experienced teachers can be offered.
5. General grounds for mentoring can be as under
 - i. Inculcate in the students qualities of a good doctor.
 - ii. Reinforce in the students Qualities expected of them during their stay in the college and while in profession in the future.
 - iii. Emphasize an ensure adequate personal hygiene and grooming include advice in sartorial sense.
 - iv. Motivate the students to maintain their hostel rooms and take interest in general maintenance of the hostels and campus.
 - v. Guiding the medical students in their pursuit of academic excellence.
 - vi. Mentors can orient the students and motivate them to take up sports and extracurricular activities.
 - vii. The mentors can contribute to inculcating gender sensitivity amongst the students.
 - viii. Mentors can play an ideal role model and impart interpersonal communication skills to the mentee.
 - ix. Mentors can play an active role in educating students about substances abuse and their prevention.
 - x. Mentors will be required to maintain regular touch with the parent or guardians of mentees. This will give valuable insight into the family background and behavior of the student.
6. Mentors should monitor the academic progress of their mentees. If required the mentor should interact with the other department and obtain the necessary inputs.
7. Mentor should listen to their mentee in fully without interruption before offering any advice. It is important to win the trust of mentees. Keeping communication channels open and being available to the mentee in times of need is the important aspect of mentoring.
8. It is important to actively encourage the students in their pursuits. The mentors are encouraged to celebrate birthdays and success of the mentees.

